

Karen Broughton



University Tutor in Physical Education

Institute of Sport & Exercise Science

Contact Details

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Karen started at Worcester University in September 2016, after 9 ½ years working for The Youth Sport Trust as a Programme Manager for PE, where she led on developing and delivering resources, professional learning and materials to support both primary and secondary teachers of PE.

Prior to that Karen taught PE for 9 years in a number of high schools across Worcestershire and was a member of the Worcestershire Local Delivery Agency for PE, which involved delivering and developing professional learning opportunities for primary teachers.

Qualifications:

- 1 PGCE in Physical Education, Liverpool John Moores University (1998)
- 1 BSc (Hons) in Movement Science and PE, University of Liverpool (1997)

Coaching Qualifications:

- 1 Gymnastics Coach (artistic) Level 2
- 1 Trampoline Coach Level 1
- 1 Hockey Coach Level 1
- 1 Netball Coach Level 1

Teaching & Research

Karen's current modules are:

- 1 HCPE 1006 Sport in the UK
- 1 SPRT 1030 Introduction to PE
- 1 SPRT 1031 Scientific Principles of Movement in Teaching
- 1 SPRT 1009 Dance and Gymnastics
- 1 SPRT 2040 Teaching and Learning in PE
- 1 SPRT 2053 Sport Business Professional Placement

Publications

Working at The Youth Sport Trust Karen developed a number of resources including:

Start to Move

Developing Cross Curricular Approaches: <https://www.youthsporttrust.org/resource/cross-curricular-opportunities>

Developing Object Control: <https://www.youthsporttrust.org/resource/developing-object-control>

Developing Stability: <https://www.youthsporttrust.org/resource/developing-stability>

Developing Locomotion: <https://www.youthsporttrust.org/resource/developing-locomotion>

Secondary PE

Assessment without levels in PE: <https://www.youthsporttrust.org/resource/assessment-without-levels-physical-education-secondary>

External Responsibilities

Karen is a Parent Governor at Pinvin Federation of Schools and is on the committee at Pinvin Pre School.

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<http://www.worcester.ac.uk/discover/karen-broughton.html>