

Low grass pollen destinations

Europe

| | |
|------------------------|---|
| January | All European countries |
| February | All European countries |
| March | Most countries <i>except: Mediterranean Islands and Portugal</i> |
| April | Baltic countries |
| | Czech Republic |
| | Germany (N) |
| | Iceland |
| | Romania |
| | Scandinavia |
| | Slovakia |
| | Denmark |
| | Finland |
| | Iceland |
| May | Latvia |
| | Lithuania |
| | Macedonia |
| | Norway |
| | Poland |
| | Romania |
| | Serbia |
| | Slovakia |
| | Sweden |
| | Canary Islands |
| June | Finland (N) |
| | Norway (Central) |
| | Aegean Islands & Crete |
| July | Canary Islands |
| | Corsica |
| | Ionian Islands & Corfu |
| | Italy (S) |
| | Madeira |
| | Aegean Islands & Crete |
| | Albania |
| | Canary Islands |
| | Corsica |
| | Croatia |
| | Denmark |
| | Estonia |
| | Finland (N) |
| | France (S) |
| | August |
| Italy (S) | |
| Ionian Islands & Corfu | |
| Macedonia | |
| Madeira | |
| Netherlands | |
| Norway (N) | |
| Slovenia | |
| Spain (S) | |
| Sweden | |
| September | Most countries <i>except Austria, Bulgaria, Portugal, Romania, Serbia, Spain (N) and Turkey</i> |
| October | All European countries |
| November | All European countries |
| December | All European countries |

America

NB: Tropical regions have pollen all year

| | |
|---------|------------|
| January | USA: |
| | All States |
| | Canada: |
| | All |
| | USA: |
| | All States |

February Canada:
All

S. America:
Chile Peru
USA:
Northern States only

March Canada:
All

S. America:
Chile
Peru
USA:
Northern States only

April Canada:
All except: Ontario & British Columbia

May S. America:
Chile
Peru
S. America:
Chile
Peru

June S. America:
Chile
Peru

July S. America:
Chile
Peru
USA:
Michigan
Wisconsin
Ohio

August Canada:
Saskatchewan
Nova Scotia
Ontario
British Columbia
New Brunswick

S. America:
Chile
Peru
USA:
Northern states only

September Canada:
All except: Quebec

S. America:
Chile
Peru
USA:
Northern states only

October Canada:
All

S. America:
Chile
USA:
Northern states only

November Canada:
All
USA:
Northern states only

December Canada:
All

Africa

Tanzania

| | |
|-----------|-------------------------------------|
| January | Morocco |
| | Tunisia |
| | Egypt Zimbabwe |
| February | Morocco |
| | Tanzania |
| | Tunisia Kenya Zimbabwe |
| March | Kenya |
| | Tanzania |
| | Zimbabwe |
| April | Kenya |
| | South Africa |
| | Tanzania Zimbabwe |
| May | Kenya |
| | South Africa |
| | Tanzania Zimbabwe |
| June | Kenya |
| | Morocco |
| | South Africa Tunisia Zimbabwe |
| July | Kenya |
| | Morocco |
| | South Africa Tunisia |
| August | Kenya |
| | Morocco |
| | Tunisia |
| September | Morocco |
| | Tunisia |
| | Zimbabwe |
| October | Morocco |
| | Tunisia |
| November | Kenya |
| | Morocco |
| | Tunisia |
| December | Egypt |
| | Morocco |
| | Tunisia |
| | Zimbabwe |

Australia

N.B. New South Wales has grass pollen all year round

| | |
|----------|--------------|
| January | Tasmania |
| | N. Territory |
| February | Tasmania |
| | N. Territory |
| March | ACT |
| | Tasmania |
| | N. Territory |
| April | ACT |
| | Queensland |
| | Tasmania |
| | N. Territory |
| | W. Australia |
| May | ACT |
| | Queensland |
| | S. Australia |
| | Tasmania |
| | N. Territory |
| | Victoria |
| June | W. Australia |
| | ACT |
| | Queensland |
| | S. Australia |
| | Tasmania |
| July | Victoria |
| | W. Australia |
| | ACT |
| | Queensland |
| | S. Australia |

| | |
|-----------|--|
| | W. Australia |
| August | S. Australia Queensland W. Australia |
| September | W. Australia |
| October | N. Territory |
| November | N. Territory |
| December | N. Territory |

Asia

N.B. Tropical and sub-tropical regions have grass pollen all year

| | |
|-----------|-------------------------------|
| January | Bangladesh |
| | China |
| | Japan |
| | Pakistan |
| | Russia Ukraine |
| February | Bangladesh |
| | China |
| | Japan |
| | Pakistan |
| | Russia Ukraine |
| March | Bangladesh |
| | China (N) |
| | Japan |
| | India |
| | Pakistan Russia Ukraine |
| April | Bangladesh |
| | India |
| | Pakistan |
| | Russia Ukraine |
| May | Bangladesh |
| | India |
| | Pakistan |
| | Russia Ukraine |
| June | Bangladesh |
| | India |
| | Pakistan |
| July | Bangladesh |
| | India |
| | Pakistan |
| August | India |
| | Russia (Moscow & Urals) |
| September | China (N) |
| | Russia |
| | Ukraine |
| October | China (N) |
| | Japan |
| | Russia |
| | Ukraine |
| November | China (N) |
| | Japan |
| | Russia |
| | Ukraine |
| December | China (N) |
| | Japan |
| | Russia |
| | Ukraine |

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