Research Update

Autumn 2023



Welcome to our latest newsletter sharing some of the research that the **Department for Children and Families at the University of Worcester** have been involved in over the last few months.



Huge congratulations to Angela Hodgkins on passing her PhD with amendments!

And also on her first of many publications from the research: Hodgkins, A., Gossman, P., Paige, R. and Woolley, R. (2023), 'We cry together every day' expressing emotion in early childhood empathy research', Early Years, published online https://www.tandfonline.com/doi/



The Black Pear Trust

After a successful pilot of our staff wellbeing training at one of our schools, we are thrilled to announce that a training course for managers across all schools in the MAT will begin in December 2023. Led by University staff Angela Hodgkins (Department for Children and Families) and Rebecca Weston (School of Health and Wellbeing), this training aims to examine the staff wellbeing culture within schools and create actionable plans for genuine change in policy and practice.

We believe in a positive and supportive environment for all school staff, and this training is a crucial step toward achieving that goal. The outcomes from this initiative are anticipated to be extended to other schools in the future.



Play Research, by Niki Stobbs

In July 2022 Niki Stobbs undertook research to ascertain the play preferences of children aged 4-11 years living in the city of Worcester in order to determine the future direction of Worcester Play Council, a charity with the objective to provide facilities for recreation or leisure time occupations for children under the age of 16 years who are resident in the City of Worcester (such facilities being that which the beneficiaries have need by reason of their youth, social or economic circumstances and which will improve the conditions of life of the beneficiaries by promoting their physical, mental and spiritual well-being).

Seventy-seven responses were received, analysed and written up in a report presented to Worcester Play Council. The report was also shared with Worcester City Council, who had recently commissioned a consultation into how play in Worcester could be improved. Niki's research contributed to the final report of this consultation after her findings were shared with the consultants.

Along with another member of Worcester City Play Council, Niki wrote to all 35 council members summarising the findings of her research and urging them to make play a priority. She also attended a Place and Economic Development Committee Meeting in July 2023 to press for this in person.



Image from Worcester News.

The Play Report was adopted and the City's first ever Play Plan was approved in July 2023. Following attendance at the Social Pedagogy Mini Event at The Hive, core members began an advocacy for play group, which currently has 21 members. The city council has consulted with this group to seek advice on how best to proceed with the facilitation of play throughout the city.

Worcester Play Council also plan to re-organise its constitution with a focus on advocacy for children's play, rather than providing play activities in the school holidays.

International Conference on Educational Quality 2023.

From 25th-27th October 2023, Emma Bailey, a lecturer within the Department for Children and Families, attended the 6th International Conference on Educational Quality held at the University of Ibn Zohr in Agadir, Morocco. The conference is held annually and this year the theme was "Transformational Leadership in Education" with attendees travelling from all over the globe. Emma presented her PhD research on general capacity building within cluster groups of primary school headteachers to an international audience.

Alongside presenting her PhD research, Emma joined one of the keynote speakers, Shaun McInerney in delivering a workshop for the student conference regarding the development of a framework for leading change. Students were incredibly engaged and explored the conditions required in order to unlock leadership capacity across an organisation.

Emma also had the chance to attend a range of symposia and keynotes delivered by renowned academics from across the world such as Blessed Ngwenya who spoke about "Performativity, Inclusion And Shaping The Knowledge Society For The 21 St Century: A Decolonial Turn", Wafa El Garah who spoke about "Transformational Leadership In

Higher Education In The Age Of AI" and the University of Worcester's Shaun McInerney who delivered a talk entitled "Rethinking Leadership To Meet The Needs Of Our Time". Emma and Shaun are now collaborating on a publication which explores the development of adaptive leadership within educational organisations.

The conference provided an excellent opportunity to meet with other academics and educational professionals across the world and to understand more global perspectives of educational leadership.

Next year, the 7th ICEQ conference will be held at the University of Worcester in June 2024.



Longitudinal Study of Blaenau Gwent Disability Service

Research team: Alison Prowle, Stuart Gallagher and Carla Solvason

The University of Worcester's Department for Children and Families (DCF) has collaborated with Blaenau Gwent Disability Service (BGDS) for several years, working closely with their staff and service users to help them to continue to develop their offer. DCF carried out a key evaluation of the service in Autumn 2020 which proposed significant changes; these changes were subsequently implemented. This was followed up in Spring 2022 with an investigation into the impact of these changes. This second evaluation was a positive one, and it was proposed that there now be a period of consolidation. However, this is not where our researching role ended.

As a forward looking service, BGDS were eager to discover how the changes that had been implemented over recent years were influencing children and young people (CYP) and, more indirectly, their families during their life course. There was a particular interest in the more challenging periods of transition. To this end our research team planned a study that would track a group of CYP with disabilities, and the support that they received, from their teenage years into adulthood.

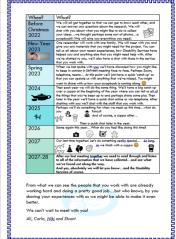
Research Aims

The aim of our current research is to paint a multifaceted picture of the support received from a range of Blaenau Gwent Disability Services by CYP, at various phases during their lives. It will do this through researchers building positive relationships with a small group children and young people of various ages (from14 to 23) and meeting with them to review the support received at regular intervals. Our aim is to create a picture of the child's support experience across their transition from teenager to adult, illustrating 'constellations' of the support received by individual children/ families at various points in their lives. Although existing local authority data is useful when establishing context, the voices and experiences of children, young people and, where relevant their families, is central to this research. We are attempting to maximise opportunity to hear those voices by offering a range of innovative, multi-modal data collection methods (including digital/photography and 'scrapbooking') with the CYP and families.

The research approach and the ethical dimension

The research team bring a wealth of experience to this project, not only in terms of research, but also through their hands-on work with children and families. This includes work both in, and with, schools (mainstream and special), local authorities, varied nursery and pre-school settings, children's homes (including those for children with disabilities), safeguarding teams and social services. This expertise was important when considering the complex needs that our participants brought to the project. CYP and families were encouraged to take part in the research with an easily accessible, illustrated, invitation to take part (shown below). All other information, including participant information letters and consent letters, were checked with specialist support workers for clarity, and discussed with participants to ensure comprehension.





Due to the sensitive nature of the participants and the data involved in this project, a particularly thorough approach was taken to ethics. Meetings with families were arranged initially with colleagues in BGDS, and the researchers were led by these colleagues' knowledge of the individuals involved. Where appropriate, support workers joined researchers for their initial meetings with the CYP and families. In some cases, though, the CYP were happy to attend with a parent or carer. The researchers were also led by participants, or their support worker, as to where the CYP would be most comfortable meeting; the local coffee shop turned out to be a favourite.

Where are we now?

Contact has now been made with the initial twelve families by their specifically allocated researcher. During the first meeting between CYP and researcher, researcher and participant got to know one another, and preferable ways of meeting up with, and collecting data from participants in the future were decided upon. For some these will take place in their place of education or employment, for others these will take place in their sheltered accommodation, accompanied by their support worker. The participant 'packs', including, instamatic camera and scrapbook were also passed on during the first meeting. During the project, each child, young person, and, where appropriate, family's needs, will be catered to individually, as the research tries to understand and authentically record their unique support journey.

Refugee Workshop at the Hive with Year 10 pupils

Alison Prowle and Janet Harvell

On Friday 24th March, Alison Prowle and Janet Harvell were privileged to lead a refugee awareness event with 30 year 10 learners from Blessed Edward School in Worcester. Level 6 ECIS student, Rosie Dempster kindly volunteered to help with the workshop and did a great job of welcoming the students and facilitating a groupwork activity.

The students had been considering refugee issues as part of their Religious Studies GCSE and they came to the workshop with open minds, wanting to learn more. We began the workshop with an interactive

quiz, before students went into groups to explore the issues in more detail. There were four groupwork activities:

A reflective exercise to help students imagine being forced to leave their home and to undertake a hazardous journey to safety, taking with you only the items you can store in a backpack.

A short play exploring different reasons why people may need to flee their homes.

An exercise to explore a child's life in a refugee camp, including making a menu from camp rations.

A discussion activity focusing on what it is like to be a refugee in an unfamiliar country.

After the groupwork activity, Alison shared some findings from her PhD study on the experiences of refugee families in Wales. Students were introduced to the stories of two very different refugees; a woman escaping conflict in Iraq with three of her 5 children (the oldest children had to be left in Iraq with relatives) and a young woman who had been trafficked into modern day slavery and was now pregnant. Through the stories, the students gained insight into the home Office systems for asylum and refuge, the difficulties of arriving in a new culture, the prejudice they faced, and the longing for a place to call home. However, they also learned that refugees are resilient, talented individuals with much to offer to their new host country. The students then learned about Janet and Alison's visits to the refugee camps of North France. They were shocked by the living conditions and the experiences some of the families described. Finally, we ended the workshop with a reflective activity, where students were able to listen to music and see images of refugee experiences, allowing them to think about what they had learned and something they might do because of attending the workshop.

The students then went back to their school, where they have been tasked with working in threes to lead a refugee awareness session for 10 tutor groups the following week. We were delighted with the young people's engagement in the session. Here is a selection of their feedback.

1 thing I learned	1 thing that surprised me	1 thing I might do to help
I've learned to appreciate what I have.	The harsh reality many refugees live in	I will try to spread awareness about
That refugees don't always live in	How long it can take for asylum to be	the experiences of refugees.
good conditions.	approved.	Protest
The way refugees are treated.	How many people are refugees.	I will donate to charity to help.
How lucky I am.	How desperate they get.	Tell people about the stories of real
Poor countries accept the most refu-	That human trafficking is a lot more	refugees so people know the sto-
gees.	common than you think.	ries.
That refugee families are often sepa-	That other families can live on the	Donate and volunteer to help when
rated and can't contact family.	camps all their lives and not find a	I'm older.
That a refugee could be anyone and	permanent home.	Give to charities.
can have any background possi-	When refugees seek safety, they	I can give the little donation.
ble, all they want is a better life.	sometimes end up in more dan-	Support charities that help refugees
The struggle of being a refugee	ger.	Tell my parents and friends not to
That families could be in refugee	How many refugees are children.	discriminate.
camps for years before they are	That a lot of children get separated	I can donate food and give money
welcomed into another country.	from their families when fleeing	
The struggles of being a refugee	from their homes	
That refugees have a very different	To see the picture of a child soldier	
experience to how it is portrayed		
in the media.		
Food shortages in refugee camps		



Call for Papers for the Department for Children and Families Annual Conference.

Voices of Progress: Nurturing Children, Families, and Communities of Social Action

Date: Saturday 3rd
February
Location: University of
Worcester, St Johns
Campus

The Department for Children and Families is thrilled to announce its annual conference, "Voices of Progress: Nurturing Children, Families, and Communities of Social Action." We invite researchers, practitioners, policymakers, and advocates to join us in exploring innovative approaches to, and inspiring stories of, meaningful social change with and for children, families and communitie

Our theme, "Voices of Progress," reflects our commitment to nurturing the capacities of people and their communities for advancing positive social change in a way which has real impact for Children and Families.

This conference celebrates the positive changes being made in the lives of children, families, and communities through social action and offers a chance to forge relationships with likeminded professionals.

We encourage submissions that focus on the following topics:

- Strengths-based approaches to supporting Children and Families
- 2. Community Engagement for Social Justice
- 3. Creating Cultures of Change
- 4. Sustainable futures for Children and Young People
- Power in Education and the Early Years
- 6. Social Equity and Inclusion

Submission Guidelines

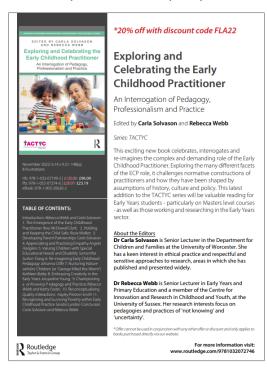
We invite you to submit abstracts for paper presentations, workshops, podcasts and panel discussions that align with the conference theme and the topics mentioned above. Please make it clear which of the above formats would be your preference as well as whether you would prefer to deliver as part of our face-to-face provision or online.

- Abstract Submission Deadline: Friday 15th December
- Notification of Acceptance: Friday 22nd December

Please submit your abstract (250-300 words) along with a brief bio (100 words) to Emma Bailey: emma.bailey@worc.ac.uk

New publications

Hodgkins, A., Gossman, P., Paige, R. and Woolley, R. (2023), 'We cry together every day' - expressing emotion in early childhood empathy research', *Early Years*, published online 27th October 2023.







By Angela Hodgkins and Alison Prowle

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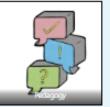
























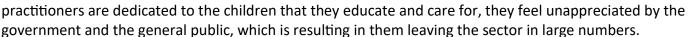
Check out our full list of publications online

https://childrenandfamilies.on.worc.ac.uk/index.php/publications/

Supporting the Health and Wellbeing of Education and Care Practitioners

Dr. Carla Solvason, Niki Stobbs and Samantha Sutton-Tsang from the Department for Children and Families met with Robin Walker, MP on Friday 21st April to discuss a research report they had written about the wellbeing of early years practitioners and teachers.

The report focussed particularly on the impact of Covid-19 on practitioners' well-being and found that although early years



Robin Walker was very interested in the findings, taking time to try to understand the issues and propose solutions. He stated that early childhood education was high on the government's agenda, as indicated by the inclusion of childcare as key infrastructure in the latest budget. He also reported that he was involved in a number of working parties and committees to find ways to attract more people to become early childhood professionals.

A Blog published by the University of Worcester is available here: https:// uwstaffnews.wordpress.com/2023/04/25/supporting-the-health-and-wellbeing-of-education-and-care-



The Department For Children and Families offers a range of courses from undergraduate to postgraduate. Click on the links for further information.

Undergraduate

EARLY YEARS (0-8) FOUNDATION DEGREE - FLEXIBLE DISTRIBUTED LEARNING PATHWAY
EARLY YEARS (0-8) FOUNDATION DEGREE
EARLY CHILDHOOD IN SOCIETY (GRADUATE PRACTITIONER) BA (HONS)
INTEGRATED WORKING WITH CHILDREN & FAMILIES BA (HONS) TOP-UP DEGREE

Postgraduate

MA EARLY CHILDHOOD PATHWAY
LEADING CULTURE CHANGE IN SAFEGUARDING PGCERT

Contact Admissionsb@worc.ac.uk for further information about applying.

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