

Advanced Practice in Delivering Person-Centred Dementia Care:

Implementing the FITS into Practice (Focussed Intervention Training and Support) Programme in care homes and extra care housing for people with dementia, complex needs and distressed behaviour.

(Module MSAP4114)

Frequently asked questions

Who should attend this course?

This module is suitable for participants from variety of care backgrounds and professions. Students will all be expected to have:

- Knowledge and experience of working in care settings with people living with dementia
- Substantial experience in delivering teaching, training and professional development
- A role which provides access to care homes or other health and care settings in order to deliver the FITS approach (training and support sessions) for at least one cohort as part of the module.
- The ability to write academically to level 7.

Why should I choose this course?

This course will provide you with the knowledge and skills, through an interactive and inclusive learning approach using the latest research evidence, to deliver the “FITS into Practice” approach in care homes or other health and care settings as part of your current role. The FITS into Practice approach is an evidence-based intervention which is proven to reduce the use of anti-psychotic medications by using psychosocial care to respond to complex needs and resident behaviours that can be challenging.

We pride ourselves on only employing educators who have in-depth experiential and theoretical knowledge in dementia care plus the ability to inspire and enthuse others in this area. In this module you will have contact directly with those who were part of developing and delivering the FITS into Practice research programme

When is the module running?

This module is a double module (40 credits) which runs across a whole academic year. The teaching is in 3 blocks of 3 days in November, January and May each year. The assignment submission date will follow the final days of teaching.

Do I need to attend all dates?

Yes, you need to plan to attend all days.

I cannot attend the dates on offer, will you be running the course again?

We hope to offer this module again in the next academic year dependent on minimum student numbers.

I have not studied for a long time, can I complete a level 7 course?

Whether you can study at this level is usually determined by your current highest level of educational achievement, if you have concerns, do please contact us and we can discuss your options.

I do not have a degree, can I still attend this course?

We would normally expect that anyone completing a master’s level module has already completed a degree or a qualification at a similar level. More information about equivalent qualifications can be found at <https://www.gov.uk/what-different-qualification-levels-mean/compare-different-qualification->

[levels](#) . If you do not have a level 6 qualification or above, we will still consider your application based on experience and completion of a short, 500 word assignment with your application.

What are the qualification options for this module?

You can attend it as a standalone module and receive 40 credits at level 7 following successful completion of an assessment. This may be accepted by other higher education institutions towards other awards. It can be combined with different modules towards a post graduate certificate or diploma. It is currently an optional module on the [MSc in advancing practice](#).

How much does the module cost?

The fees for this course can be found on [here](#). Please download the full fees information and look for Postgraduate, part time, master's degree, MA / MSc / MBA / MRes (see exceptions) per 20 credit module. This is a double module (40 credits).

I will not be able to deliver any training to care or health services during the course, can I still apply?

No. The assignment for this module requires you to deliver specific training and education as part of the learning and reflect on this experience. You will be unlikely to pass the module if you cannot organize and deliver training sessions during the course of the module.

Will you help me organise my training delivery within a care organization as part of the module?

No. You will be taught about the FITS into practice approach and the things to consider, review and organise when implementing FITS in an organisation/s. However, you will be expected to undertake this yourself in your own or other organisations with which you have contact.

I do not have any teaching or training experience, can I still apply?

No. This course does not instruct you in learning or teaching theory (how to teach or train others). You are expected to have experience and confidence in doing this without the support of tutors. Delivering one cohort of the FITS into practice programme is required to successfully complete the course.

Is FITS into Practice a step-by-step training manual?

No. FITS into Practice is NOT a step-by-step training manual. The module is aimed at developing skilled and reflective practitioners who can adapt and apply the FITS into Practice approach critically. Whilst you will be given learning outcomes, structure, suggested content, a guidance manual and resource handbook for your cohort, you will be expected to develop your own sessions, such as presentations and teaching activities.

I do not have a teaching qualification, can I still apply?

Yes. Teaching and training experience and confidence is necessary for successfully completing this course, but you are not required to have a teaching qualification.

I work in an acute hospital or community setting and I would like to apply FITS there, can I apply?

Yes. The evidence base for the FITS into practice approach is in care home/extra-care housing settings. However, following a successful first year we have widened it to include acute hospitals and community settings. Students in these settings will consider how the approach needs to be adapted for their particular setting.

For more information please contact:

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