

EUCAPA 2018

3-5 July

University of Worcester

Afternoon workshops – more detail

Tuesday 3rd July

Worcester Way – Coaching vision impaired footballers in the Worcester tradition

Dave Mycock

The session will be a 'soft introduction' into the key component elements of coaching blind and visually impaired football. The 60 minute session will utilise a range of interventions which form part of the English FA Coaching Blind Footballers Award.

Worcester Way – Inclusive Zone Basketball

Glyn Harding

Inclusive Zone Basketball (IZB) is a unique integrated form of basketball that enables wheelchair users and standing/running players to play together in the same team. It was developed by British Wheelchair Basketball and each year the University of Worcester Arena hosts the IZB national schools' finals with teams from all over the UK.

The workshop will enable delegates to both understand and play the game.

Worcester Way - the Busy Lecturer's Guide to Inclusive Practice

Becs Foster

This presentation outlines the inspiration behind the guide and an opportunity to look at the resource. The session will also include a review of current inclusive practice at the University of Worcester and open discussion and questions regarding sharing good inclusive practice.

Project Adapted

Doug Williamson

This practical workshop (No dynamic participant activity) will demonstrate the practical innovations of an adapted PE/Sports lecturer over a period of 40 years – some games – for the more impaired - have been commercially produced and used worldwide.

- A brief introduction and guided tour around the equipment with a commentary giving the background to the innovations.
- Small groups will rotate around the table games stations and be asked to devise ideas based on set challenges.
- Then a problem-solving task inviting delegates to 'propose and create an adapted game'.
- The last part is for discussion, questions and experiencing the activities and games.

Wednesday 4th July

Inclusive physical education

Lauren Lieberman and Michelle Grenier

This presentation will introduce the Lieberman/Brian Inclusion Rating Scale (LIRSPE) as a tool to promote inclusive practices within general physical education (GPE). The LIRSPE is a systematic observation instrument that rates inclusive aspects of the GPE settings. The items are clustered into categories that include management (start of class, organization of students, equipment use, and the overall environment), instruction, (differentiation, modelling and assessment), and interactions between the student and teacher(s) including feedback and support from the para-educators. In this session we hope to determine which variables of inclusive practice are most challenging to implement as indicated by the scale.

Race Running & Frame Football

Lisa Morton-Smith – CP Sport

Race Running and Frame Football introduction session

These two activities enable young people and adults who have control and coordination impairments to enjoy track athletics and indoor football.

Each session will demonstrate what the adapted sport is, how it was established and what current practices are in place.

Step Change Studios

Freya Spencer

2-3pm: General Session

3.30-4.30pm: Seated Dance

Committed to inclusive dance, **Step Change Studios** provide fun, engaging opportunities for disabled and non-disabled people to dance, from grassroots to professional level. They cater to different ages and abilities, providing dance programmes in education, social care, healthcare, sport, cultural and community settings. They also create imaginative, unique dance projects and performances. Join Step Change Studios' inclusive dance practitioner Freya Spencer in an interactive workshop, where you will learn the principles of inclusive dance, adapting dance to different needs, and the benefits and opportunities inclusive dance can offer participants. The workshop will include a Q&A discussion. No dance experience is required.

Thursday 5th July

Okkaido integrated martial arts

Ray Sweeney & club members

Inclusive and adapted fun sessions of martial arts

EVERYONE can participate, EVERYONE can achieve and EVERYONE can enjoy the feelings that achievement brings.

The session also includes unique teaching/coaching techniques designed to make martial arts activity accessible and achievable.

Running line

Mike Fray & Mark Beeby

This activity-based workshop will allow participants to experience the 'Running Line' device, an inclusive design project that supports young people with visual impairment to run independently. The device, developed at the Design School, Loughborough University, provides physical, tactile and audible guidance to enhance and support VI runners. It has been through several development phases and has been used with many groups, schools and inclusive charity events. VI users report ease of use, rapid improvement in performance and confidence with high levels of enjoyment.

Including children with dyspraxia (Developmental Coordination Disorder) in PE

Cathy Parvin – Dyspraxia Education Limited

There are between 1 and 3 children with dyspraxia in every class of 30 but sadly most are missed. PE teachers are extremely well placed to identify and to include these young people. Engaging in exercise is absolutely critical for these children and having a PE teacher who understands dyspraxia makes a world of difference. This lively, practical workshop will equip delegates to identify and most importantly, include children and young people affected by dyspraxia in PE.

The following two sessions are off-site at Perdiswell Swimming Pool – transport provided. Active participation is encouraged. Bring swim gear.

Floatsation

Martin Mansell

Floatsation has been developed by Martin Mansell, Paralympic Swimmer and winner of 3 Gold, 4 Silver and 2 Bronze medals. This workshop will allow participants to experience the use of the Floatsation Aids in the water and provide them with an inclusive option for all abilities.

Floatsation aids provide support in the water allowing the user to sink into the floating matrix with the water surrounding them. In addition to the physical enjoyment of gaining water skills the increased confidence can lead to improved self-esteem and independence, increased spatial awareness, great exercise, team skills and relaxation. See www.Floatsation.com for more information.

Pool Pods

Perdiswell swimming pool staff

This Demo will allow participants to experience Poolpod, a multi-award winning swimming pool lift, appropriate for new build facilities, and replacement of pool hoists in existing pools. The Poolpod pool platform lift was developed for the London 2012 Olympic and Paralympic games and is now transforming pool access.

Exploring the innovative use of water aids & simple equipment with severely impaired swimmers

Matt Donovan – Claremont School, Bristol

His session explores the innovative use of swim aids & simple equipment to maximise opportunities for severely impaired swimmers to safely enjoy being in the water.