



UNIVERSITY of
WORCESTER

Nutritional Therapy

at the University of Worcester provided within our teaching clinic or remotely online

One health condition may have several potential causes, one nutritional imbalance may lead to several health conditions. Where are you on this continuum?

Let us work together to unravel your health story using a Functional Medicine approach with the aim of supporting health improvement in a way that suits you. Supplements and functional testing maybe recommended where appropriate.

Nutritional Therapy is suitable for those with a health condition and those interested in health maintenance. A minimum of two consultations are needed, each about an hour long

Consultations are free of charge for University of Worcester students and £5.00 per appointment for members of staff or the general public. To take part we will require you to complete a health questionnaire and food diary

To find out more email
nutritionaltherapyclinic@worc.ac.uk

Students are fully supervised by BANT and CNHC registered assessors

Findout more about our taught course at

<https://www.worcester.ac.uk/courses/nutrition-and-lifestyle-practice-pgdip-msc>

CNHC

Complementary & Natural
Healthcare Council

