

# Advanced Practice in Delivering Person-Centred Dementia Care: MSAP 4114

Implementing the FITS into Practice (Focussed Intervention Training and Support) Programme in care services for people with dementia, complex needs and distressed behaviour.

This is the first module in the U.K. to train professionals to deliver the FITS (Focused Intervention Training and Support) programme. This programme is a proven way of effectively delivering psycho-social care in care services for people with dementia in response to complex needs and behaviours. It has a strong [evidence base](#) demonstrating that effective person-centred care can reduce the prescribing of anti-psychotic medications for people living with dementia.

This 40 credit double module will equip participants to organize, prepare, deliver and critically review the teaching and supervision elements of the FITS into Practice programme in care organisations.

Course participants must have significant experience of developing and delivering training, education and professional development and be in a position to deliver training and support to health and care staff working with people living with dementia.

The module will prepare participants to:

- Deliver the training and support components of the FITS into Practice programme within care organisations
- Apply the structured recruitment process for participation, to ensure successful implementation
- Understand common barriers and facilitators of implementation and how to work with these to maximise success.
- Critically reflect on the programme, its implementation and relevant emerging evidence in the field.

The module will take place over an academic year to enable participants to deliver a FITS into Practice course as part of their learning. It will take a blended learning approach, including 9 days face to face teaching at Worcester over the year. However, the majority of learning will be work based with support from the tutors.

## Assessment:

A 4,000-word reflective portfolio critically assessing implementation of the FITS programme and a 1,000-word peer review report.

## Further Information

This module is an optional module on the MSc Advancing Practice, for more information visit

<http://www.worcester.ac.uk/courses/advancing-practice-msc.html>

## Module Leader

Isabelle Latham

## Credits

Level 7, 40 Credits

## Dates

**MSc Advancing Practice Academic Induction Days for New Students - Semester 1 – 20 September 2018**  
**Semester 2 – 17 January 2019**

14, 15, 16 November 2018  
23, 24, 25, January 2019  
15, 16, 17 May 2019

11:00-19:00 on Day 1 of each block (09.00 – 17:00 other days)  
Between these dates there will be online learning and reading.

## To enrol or to check availability

Please contact Registry Admissions, Team C on  
Tel: 01905 855111 or e-mail: [admissions@worc.ac.uk](mailto:admissions@worc.ac.uk)

Some modules may be funded by the NHS and therefore you may need to complete 2 application forms:

- A University of Worcester Application Form
- Study Leave Form

## Study Leave Form

All students employed by a Worcestershire NHS Trust or Wye Valley NHS Trust have to complete a study leave form (or equivalent) if they want (a) to study in works time, or (b) want the Trust to fund or part fund the course, or both.

Please ensure that funding for your study leave has been authorized by the Education lead for your Trust, before submitting your application, together with your study leave form.

## General Module Enquiries

Please contact:  
Isabelle Latham, Senior Lecturer on Tel: 01905 542326 or e-mail: [i.latham@worc.ac.uk](mailto:i.latham@worc.ac.uk)

*In any given year the availability of option modules will depend on student numbers and in the event of an option module not being able to run due to a low number of students registering for that module, students will in these circumstances be able to choose an alternative option module or the negotiated study module as an alternative (where appropriate, and subject to the approval of the Programme Lead).*