

# Postgraduate Award in Professional Development: Advanced Practice in Delivering Person-Centred Dementia Care (subject to approval)

Implementing the FITS into Practice Programme (Focused Intervention, Training and Support) in care services for people with dementia, complex needs and distressed behaviour.

## The Module

This is the first in the U.K. to train professionals to deliver the FITS (Focused Intervention Training and Support) programme. This programme is a proven way of effectively delivering psycho-social care in care services for people with dementia in response to complex needs and distressed behaviours. It has a strong [evidence base](#) demonstrating that effective person-centred care can reduce the prescribing of anti-psychotic medications for people living with dementia.

This 30 credit double module will equip participants to organize, prepare, deliver and critically review the teaching and supervision elements of the FITS into Practice programme in care organisations.

Course participants must have significant experience of developing and delivering training, education and professional development and be in a position to deliver training and support to health and care staff working with people living with dementia.

The module will prepare participants to:

- Deliver the training and support components of the FITS into Practice programme within care organisations
- Apply the structured recruitment process for participation, to ensure successful implementation
- Understand common barriers and facilitators of implementation and how to work with these to maximise success.
- Critically reflect on the programme, its implementation and relevant emerging evidence in the field.

The module will take place over an academic year to enable participants to deliver a FITS into Practice course as part of their learning. It will take a blended learning approach, including 6 days face to face teaching at Worcester over the year. However, the majority of learning will be work based with support from the tutors.

## Assessment

A 3,000-word reflective portfolio critically assessing implementation of the FITS programme and an in depth teaching plan

## What Previous Students said:

“Well organised course with great facilitators. Pleased to have attended a programme that fills the research practice gap.”

*“I have really enjoyed the course and it can only benefit the people we support. The FITS programme pushes the boundaries of person-centred care and really embeds in the ethos of the home. Culture change is hard but with evidence provided from the FITS programme it shows that we maintain dignity and value the people we support by using proactive techniques and see the person not the disability.”*

## Credits

Level 7 (Masters) - Credits 30

## Cost

£1,148 per person (payable by instalments)

## Dates

Students attend 6 teaching days  
13, 14, November 2019  
22, 23, January 2020  
6, 7, May 2020

09.00 – 17:00

Between these dates there will be online learning and reading.

Module Leader - Isabelle Latham

## General Module Enquiries & to Apply

Please contact:

Isabelle Latham, Senior Lecturer on Tel: 01905 542326  
or e-mail: [i.latham@worc.ac.uk](mailto:i.latham@worc.ac.uk)

## Further Information

A new Postgraduate Certificate in Person-Centred Dementia Studies is also under development.

