

# 10 Golden Rules Living Sustainably in Worcester

1. Drink tap water, or use a water fountain.
2. Use active transport like walking, cycling and taking stairs rather than the lift.
3. Reduce paper use by double sided printing, reusing scrap paper, not reprinting emails, and holding paperless meetings.
4. Eat more locally produced and minimally processed fruit and veggies.
5. Turn off lights, computers, chargers, etc when not in use.
6. Turn down the thermostat and wear an extra layer.
7. Use your own mug, not disposables.
8. Hold video conferences and MS Teams/Zoom calls rather than asking people to travel for meetings.
9. Only fill the kettle with enough water for the number of cups you are making.
10. Think before you buy: shop locally and do you need it or can you share it?



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