

# Introduction to the student mentor scheme

## activities

- Activity 1: ICEBREAKER
- Activity 2: REFLECTION & FOCUS

## **Activity 1: ICEBREAKER**

Ask the participants to pair up with someone they don't know.

Introduce themselves and share their experiences so far of being a University of Worcester student mentor. How do they feel about taking on more responsibility as an advanced mentor?

**Then ask individuals to introduce their partner to the group.**

---

## **Activity 2: REFLECTION ON MENTORING SKILLS**

Ask the group to reflect upon their journeys into Higher Education.

Encourage a focus on the emotional as well as the intellectual journey.

What have they learned?

This can be done through pair work or in small groups depending on the numbers.

Understanding the challenges will help them better support others in reaching this decision.

**To stimulate discussion ask if the group can relate to any of the descriptors on the slides.**

**Collect any key themes that emerge.**

---

For further details about the mentor programme, please contact

Val Yates

Director of Access and Inclusion

01905 855554

Visit the Access & Inclusion webpages at: [www.worcester.ac.uk/discover/access-inclusion](http://www.worcester.ac.uk/discover/access-inclusion)